

Cold Spring School

WEDNESDAY WORD

January 7, 2015



Important Dates / Upcoming Events

01/09/15.....	6 th Grade Field Trip.....	8:45-10:45 AM, Ridley-Tree Education Ctr
01/09/15.....	GATE Committee Meeting.....	3:45 PM, Room 6
01/12/15.....	Board Meeting.....	6:00 PM, Auditorium
01/13/15.....	GATE Information Mtg.....	8:30 AM, Library (Details on Page 2)
01/15/15.....	4 th Grade Field Trip.....	9:30-11:30 AM, Lotusland
01/19/15.....	SCHOOL CLOSED IN OBSERVANCE OF MARTIN LUTHER KING DAY	
01/20/15.....	Parent Club Meeting.....	8:30 AM, Auditorium
01/20/15.....	School Site Council.....	3:15 PM, Library
01/21/15.....	Foundation Meeting.....	7:00 AM, Auditorium
01/22/15.....	4 th Grade Field Trip.....	9 AM-3 PM, La Purisima Mission, Lompoc
01/28/15.....	6 th Grade Orientation.....	9:00-10:35 AM, Santa Barbara Jr. High
01/29/15.....	Cold Spring Science Fair.....	Auditorium
01/30/15.....	Mission Celebration.....	11:00 AM, Auditorium

From the Superintendent

Happy New Year! I hope you all enjoyed a relaxing and refreshing Winter Break!

At the next meeting of the Cold Spring Board of Trustees (January 12, 2015 at 6:00 p.m.), Ellen Barger, Assistant Superintendent of Curriculum and Instruction for SBCEO, will present a comparison of the old state student assessment system (STAR) and the new system (California Assessment of Student Performance and Progress – CAASPP). Sample questions from the new assessment system will be provided, as well as a description of the test targets for Language Arts and Mathematics. It will be a very informative meeting as we move into spring testing and assess the students in grades three through six for the first time using the new assessment system (CAASPP). Please join us for this presentation!!

GATE Informational Meeting

Please join us on Tuesday, January 13th at 8:30 AM in the Cold Spring School library for a GATE Information meeting. GATE Coordinator, Linda

Edwards, will offer an overview of our program, which is designed to serve the needs of gifted and high-achieving students at Cold Spring School. Sandy Robertson, GATE coordinator for SBUSD, will join as well, to update you on changes at the junior high and high school levels and to answer your questions.

All are welcome...hope to see you there!



A Note from Ms. DiSalvo

A reminder that Band starts back up this week (Tues 01/06) at 3pm.

Chorus starts back up next week (Tues 01/13) at 7:45am.



A Health Reminder: It's Flu Season

During this time of year, it is probably likely that you or your children will be exposed to contagious viral infections such as the flu. Here are some precautionary measures you can take to protect you and your family during flu season:

The Flu Is Contagious

Most healthy adults may be able to infect other people beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body. That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Some people can be infected with the flu virus but have no symptoms. During this time, those persons may still spread the virus to others.

Person to Person

People with flu can spread it to others up to about 6 feet away. Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose.

To avoid this, people should stay away from sick people and stay home if sick.

It also is important to wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub. Linens, eating utensils, and dishes belonging to those who are sick should not be shared without washing thoroughly first. Eating utensils can be washed either in a dishwasher or by hand with water and soap and do not need to be cleaned separately. Further, frequently touched surfaces should be cleaned and disinfected at home, work and school, especially if someone is ill.

For more information, please take a moment to read, "[The Flu: A Guide for Parents](#)", published by the Center for Disease Control and Prevention (CDC).

Science Fair is Coming!



The Cold Spring Science Fair is just around the corner. This year it will be taking place on **Thursday, January 29: during the school day for students and from 6:30-7:30 pm for the whole family.**

Students from all grades are welcome and encouraged to participate. I wanted to give you a heads up, so you can be thinking about ideas over the next week. For those of you who would like to do longer experiments, you may want to get started.

Here's how the Science Fair works:

1. Fill out an entry form with a question you are asking and would like to answer. Hand this in by the deadline.
2. Do experiments to find out the answer.
3. Report your findings on a tri-fold display and bring it to the fair for everyone to see. (White tri-fold presentation boards will be available in the office for a \$3.00 donation.)
4. Come to the evening fair where there will be a raffle, demonstrations, and ice cream.

The CSS Science Fair is not judged, but is required by some upper grade teachers. Check with your student's teacher to find out if participation is required. All participants will receive a certificate and ribbon. The evening of the Science Fair there will be science demonstrations, time to browse the projects, and of course, ice cream made via the liquid nitrogen method.

Below are some links to get you started. (Also see attached tips for selecting a project.) **Entry forms will be available soon** and will be **due Friday, January 16** (early-bird raffle deadline) and **Friday, January 23 at the latest.**

We look forward to encouraging our students to think scientifically about our world!

[Science Buddies](#)

[Science Fair Adventure](#)

[All Science Fair Projects](#)

[About.com Elementary School Ideas](#)

Tips for Selecting a Project and Making a Poster

Kinds of Projects:

What makes a science project a science project isn't how fancy the equipment is or how impressive the words are. It simply involves careful observation of something in the natural world, and conclusions that are based on these observations. Here are a few kinds of projects:

- **Collections:** Collections can show the relationship between similar things in nature (for example, insect, leaf, or rock collections)
- **Field Observations:** Observations in naturalistic settings can show how things work "in the wild" (for example, observations of the kinds of pine trees that grow at different elevations on the Santa Barbara mountains).
- **Correlational Studies:** A correlation is a measure of the strength of relationship between two things (for example, the relationship between how heavy an object is and how fast it falls).
- **Experiments:** In an experiment, the experimenter controls something and measures the effects on something else (for example, you might plant seeds from the same plant in various types of soil and see how fast each grows).

Parts of the Poster:

- **Title & Author:** Type a brief title, your name, your teacher, and school.
- **Introduction:** The introduction section tells your reader why you did the project. What did you hope to learn? What did you expect to find? (Sometimes these are called the "problem question" and the "hypothesis.") The introduction is also the place to mention other related experiments you might have read about or books or web sites that you used in your project.
- **Method:** The method section describes what you did and how you did it. This section often describes things like what the subject of your study was, the materials or measurement devices you used to help make your observations, and the procedures you used. If the project was an experiment, be sure to say what you measured (ie- height of plants) and what you manipulated (ie- the different types of soil the plants were potted in).
- **Results:** The results section is probably the most important section of a science poster - it says exactly what you observed. Try to focus on being objective here - "just the facts." This is the place to include a graph, a photograph, a table, or some other means of documenting and communicating your observations. Don't interpret your observations here (save that for the final section).
- **Conclusion:** The discussion section answers the question, "So what?" It tells your reader why you think your observations are important. What did you learn from them? How do they help you answer the questions you raised in the Introduction? Did they turn out like you expected? And finally, what new questions do you have because you made these observations? Like the ending of any good story, the Conclusion section brings your presentation "full circle" to the things you talked about in the Introduction.

Presentation Tips:

- Print out each section on a separate sheet.
- Using figures (graphs, drawings; photographs, etc.) is a good idea.
- Make figures, tables, and words big enough to be read from 5 feet away. The title should be about 1-2 inches tall (72-144 point font), section headings should be at least 0.5 inches (36 point font), and the rest of the text a bit smaller (24 point). Use a normal font (nothing fancy).
- Use a tri-fold display. These are available at the office for purchase. You might also want to get colored construction paper to put behind the printed pages.
- Put your sections on the display in order from top to bottom and left to right, so the reader always knows what to look at next.
- Know what the main point is for each section, and be ready to explain your poster in 2-3 minutes.



SHAKE IT OFF COLD SPRING SCHOOL!

THE TALENT SHOW IS COMING!

**FRIDAY, MARCH 6TH,
7PM**

ALL TALENTS, ALL GRADES WELCOME!

START PLANNING!

FEB 17, 18, 24, 25 AUDITIONS!



The Cold Spring School Foundation would like to thank the following families, community members, grandparents, staff, and corporate sponsors for generously supporting our 2014 Fall Campaign.

Total Pledges to date: \$57,047
Goal: \$75,000

70/114 families= 61%
10/14 staff= 71%

Distinguished Honors \$2,000 to \$4,999

The Murphy family
The Marcillac family
The Zampelli family
The Rowan family
The Navetta family

Special Honors \$1,000 to \$1,999

The Ferrarin family
The Sturm family
The Galkin family
The Blake family
The Goligoski family
The Whitney family
The Randolph family
Mrs. Diane Morgan
The Kneafsey family
The Wryan family
The Miller family/Merck
The Pinkevich family
The Gunderson family
The Sears family
The Wasserman family/Bank of America
The Conviser family
The Champ family, in honor of
Sydney Steele-Carey
The Odom family
The Tamra and Robert Ball family
The Aurell family
The Fisher family
The Stokes-Pena family
The Phillips family
The Bergseteren-Strange family

High Honors \$500 to \$999

The Banan family
The Grube family
Dr. Tricia Price
Ms. Jennifer Marshall, in honor
of Jack and Sophia Kramer
The Fuller family/Mountain Electric
The Todd Wooten family
The McToldridge family

High Honors (con't.)

The Marquis family
The Graham/Szopa family
Marti New/Adam Stein
The Orwig family
The Peterson family
The Christensen family
The Coleman family
The Lozano/Stephens family
The Alexander family
The Walker family
The Root family
The Schiller family
The Shiach family

Honor Roll Up to \$499

The Katzenstein family
The Pierce family
Ms. Sara DiSalvo
The Reitherman family
Mr. Cliff Lundberg
The Jaye family
Ms. Janet Reid
The Spaulding family
The Omdahl family
The Tarleton family
The Everest family
The Song family
The Rogers family
The Taylor family
Ms. Lara Wooten
The O'Neill family
The Carey family
The Casey/McMaster family
The Contakes family
Mr. Randy Nickson
The Jason Oatis family
The Callahan family
The Julie and John Williams family/Morgan Stanley
The Sarah and Mitchell Thomas family
The Boller family
The MacPhail family
Diana Wilson and family
The Lindsey family
The Ornelas family
The Gradias family
The Knecht family
The Olbrish family
The Nestlerode family/Citrix
The Chapman family